



Mrs. Lynn Susan Frail

December 2, 1947 - July 13, 2015

It is with great sadness that we announce the passing of Lynn Frail, beloved wife, mother and grandmother at the age of 67 on July 13, 2015.

Lynn will lovingly be remembered by her husband of 48 years Paul, her daughters Paula (Mark), Susan (Todd), Dana, her grandchildren Marissa, Merrick, Katelyn, Lindsay, Rebecca, Andrew, her sisters Joyce, Wendy, her brother Greg as well as numerous nieces, nephews, relatives and friends.

Lynn was predeceased by her father James, mother Emma, sisters Dianna and Beryl and brothers Donald and Jim.

Lynn was born on December 2, 1947 in Winnipeg, MB. At 19 she married Paul and spent the next 19 years moving all over the country with the military before settling in Cold Lake. In 2014 Lynn and Paul moved to Spruce Grove to be closer to family.

Lynn was devoted to her family, her church and she was always willing to give a helping hand to anyone in need. Lynn was loved by all who knew her and she will be forever missed.

A Celebration of Life will be held on Saturday July 18, 2015 at 1:00 p.m. at the St. Augustine Anglican Church, 131 Church Rd, Spruce Grove, Alberta.

In lieu of flowers donations can be made to the Cross Cancer Institute or the Heart and Stroke Foundation.

Cemetery Details

Pioneer Cemetery
NW 36-52-27-W4 (780) 220-4590

Tribute Wall

SJ

“ Auntie Lynn was a sweet and gentle soul who will be missed by all who were blessed to have known her. I have many fond memories of Lynn from childhood when she would visit and help my mom with looking after me and my three younger sisters during both happy and trying times. In the years following, she was blessed with her own family, and although miles eventually separated us all, I was able to babysit her girls. I will often remember the family childhood stories she would share with us which were always infused with humour and laughter. But, most of all, I will remember her for her kindness and compassion and her strong sense of family. We will always love and miss you, and your memory will live in our hearts and minds forever. Rest in Peace, Aunty Lynn.
Much love, and sympathy to Uncle Paul, Paula, Susan and Dana, and all the family who will miss this great Lady.
With love, Sherry and Gary, and all of the Dolman family.

Sherry Dolman Julius - July 18, 2015 at 12:09 PM

CA

“ Andre, Kaycee, Finley and I send our condolences. It was thanks to wonderful couples like Paul and Lynn that we had our first touch of home in Cold Lake. Our thoughts and hugs are with you all.
Carolyn and Andre Crocker (Kaycee and Finley)

Carolyn - July 17, 2015 at 08:41 PM

DU

“ Mike and I send our deepest condolences to Paul and his family. Lynn was a wonderful person and I remember her best when working in the kitchen with her at St. John's in Cold Lake. Quiet but with a warm smile, she accomplished so much in the parish. I will always keep a special place in my heart for Lynn. Paul, we will keep you in our prayers. Your friends, Dawn and Mike

Dawn and Mike Upham - July 15, 2015 at 10:58 PM

GA

“ We are so glad we came to Spruce Grove in June and spent 3 week staying with Lynn and Paul. Had a great time and have wonderful memories. Will love you always. Greg and Pat

greg anderson - July 15, 2015 at 09:23 PM

DH

“ DI Department, Cold Lake Hospital purchased the Peaceful White Lilies Basket for the family of Mrs. Lynn Susan Frail.



DI Department, Cold Lake Hospital - July 15, 2015 at 06:36 PM

JC

“ John and Carole purchased the Blooming Garden Basket for the family of Mrs. Lynn Susan Frail.



John and Carole - July 15, 2015 at 03:36 PM

JC

“ Both Carole and I were floored by the passing of Lynn. We will forever cherish our last visit with Lynn, Paul and the girls. Our sincere thoughts and prayers are with the family during this time of grief. Our 4 years as neighbours and our friendship over the past 30 years will remain forever in our heart and in our minds. Lynn, keep a spot for us at the heavenly card game.

So long for now our dear friend.

John & Carole

John & Carole - July 15, 2015 at 02:27 PM

EA

“ I'll always remember Lynn's kindness and her warm heart. I remember the first time we met Lynn, it was my first time @ the cold lake Anglican church in years. I must admit I was nervous as heck. As soon as I met Lynn & Paul, they welcomed us with open arms. We instantly new we were home. She definitely was one of god's angel's on this earth.

Lynn ill be sadly missed. I never was one to say good-bye, so Lynn you take care till we meet again. HUGS!!!!

Elden Adrian

Elden Adrian - July 15, 2015 at 12:12 PM

SF

*We are all so sorry for your loss. Thinking if you all.
Suzanne Frail, Muriel Canning, Dorothy Ringham, Deepest sympathies from Caledonia, Nova Scotia*

Suzanne Frail - July 16, 2015 at 09:04 AM

DS

So sorry to hear of Lynn's passing. Our thoughts are with your family during this sad time. May the great memories you have comfort you. We enjoyed our friendship while we lived in Cold Lake and have a few treasured recipes of Lynn's, from our time at church lunches.

*Thinking of you all,
Denise and Dale Skanes*

DSkanes - July 17, 2015 at 07:23 AM

BE

Our condolences to Paul and the girls and family. So glad we spent time together in the past two weeks. Great memories.

Bill & Ferne Escott - July 17, 2015 at 03:06 PM